

Rialto Unified School District

May 1, 2025 thru May 2, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/01/2025																
PRE-K BIC # 1	Total	300														
Sndwich Chx & Sausage 2020	serving	300	159	26	312	1.40	1.10	110.0	110	0.0	2	9.7	16.0	6.4	2.60	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			313	41	462	3.40	1.28	470.0	660	123.60	22	18.70	38.00	8.90	4.10	0.00
% of Calories											27.9%	23.9%	48.6%	25.6%	11.8%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 05/02/2025																
PRE-K BIC # 1	Total	300														
Yogurt,Straww/crack-DW '24PSBK	SERVING	300	290	5	245	2.00	2.00	585.0	30	0.0	35	7.0	59.0	3.0	0.50	0.00
Orange juice, DW, 4oz.2024	1 EACH	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	299	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			465	20	409	2.00	2.00	945.0	630	30.00	63	17.00	87.00	5.50	2.00	0.00
% of Calories											54.2%	14.6%	74.8%	10.6%	3.9%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			389	31	436	2.70	1.64	707.5	645	76.80	42	17.85	62.50	7.20	3.05	0.00
											98.1%	18.4%	64.3%	16.7%	7.1%	0.0%

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Rialto Unified School District

May 1, 2025 thru May 2, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	389			350 - 500													
Cholesterol (mg)	31																
Sodium 1 (mg)	436			540													
Fiber (g)	2.70																
Iron (mg)	1.64																
Calcium (mg)	707.5																
Vitamin A (IU)	645																
Sugars (g)	42	43.60%															
Vitamin C (mg)	76.80																
Protein (g)	17.85	18.35%															
Carbohydrate (g)	62.50	64.27%															
Total Fat (g)	7.20	16.66%		<=30.00%													
Saturated Fat (g)	3.05	7.06%		<10.00%													
Trans Fat ¹ (g)	0.00	0.00%															

*Data comparisons are not available for one or two day selections

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Rialto Unified School District

May 5, 2025 thru May 9, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/05/2025																
PRE-K BIC # 1	Total	300														
Snack'n Waffles, Cinnamon	pkg	300	250	44	290	2.00	1.44	30.0	75	0.0	15	6.0	37.0	9.0	4.00	0.00
Craisins	1/4 Cup	1	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Craisins	1/4 Cup	299	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			463	59	442	3.61	1.56	382.7	589	0.06	51 44.0%	15.05 13.0%	76.09 65.7%	11.83 23.0%	5.53 10.7%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 05/06/2025																
PRE-K BIC # 1	Total	300														
Mini Brkfst Apple Bites '25	1 EACH	300	260	0	140	2.96	1.50	39.8	*N/A*	*N/A*	14	6.0	37.99	9.98	4.50	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			411	15	291	3.38	1.63	396.2	*546	*1.84	36 34.6%	15.29 14.9%	59.88 58.3%	12.64 27.7%	6.05 13.3%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 05/07/2025																
PRE-K BIC # 1	Total	300														
Pancakes, Confetti Bites 2022	pkg	300	210	10	210	4.00	3.60	20.0	1000	0.0	11	4.0	36.0	7.0	1.00	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	299	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			420	25	361	6.63	3.86	375.1	1565	8.79	37 35.6%	14.10 13.4%	73.07 69.6%	9.83 21.1%	2.61 5.6%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

May 5, 2025 thru May 9, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/08/2025																
PRE-K BIC # 1	Total	300														
CEREAL,MULTI-GRAIN CHEERIOS ²⁴	Bowl (28 Grams)	300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			264	15	255	4.00	12.78	460.0	850	127.20	26 39.4%	11.00 16.7%	45.00 68.2%	3.50 11.9%	1.50 5.1%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 05/09/2025																
PRE-K BIC # 1	Total	300														
Yogurt,Straww/crack-DW '24PSBK	SERVING	300	290	5	245	2.00	2.00	585.0	30	0.0	35	7.0	59.0	3.0	0.50	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	1	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	299	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			470	20	410	2.00	2.00	1135.0	2530	30.00	64 54.5%	16.00 13.6%	88.00 74.9%	5.50 10.5%	2.00 3.8%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			406	27	352	3.92	4.37	549.8	*1216	*33.58	43 94.9%	14.29 14.1%	68.41 67.5%	8.66 19.2%	3.54 7.9%	0.00 0.0%
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Rialto Unified School District

May 5, 2025 thru May 9, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	406		350 - 500		100%												
Cholesterol (mg)	27																
Sodium 1 (mg)	352		540		65%												
Fiber (g)	3.92																
Iron (mg)	4.37																
Calcium (mg)	549.8																
Vitamin A (IU)	1216					Missing											
Sugars (g)	43	42.19%															
Vitamin C (mg)	33.58					Missing											
Protein (g)	14.29	14.09%															
Carbohydrate (g)	68.41	67.47%															
Total Fat (g)	8.66	19.22%															
Saturated Fat (g)	3.54	7.85%															
Trans Fat ¹ (g)	0.00	0.00%															

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Rialto Unified School District

May 12, 2025 thru May 16, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/12/2025																
PRE-K BIC # 1	Total	300														
Waffles, Strawberry	pkg	300	230	35	310	2.00	1.00	8.0	0	0.0	11	5.0	34.0	9.0	1.50	0.00
Craisins	1/4 Cup	1	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Craisins	1/4 Cup	299	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			443	50	462	3.61	1.12	360.7	514	0.06	47 42.4%	14.05 12.7%	73.09 65.9%	11.83 24.0%	3.03 6.1%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 05/13/2025																
PRE-K BIC # 1	Total	300														
Muffins, Blue-Buena Vista 22	1 ea	300	230	25	240	2.00	1.80	20.0	85	0.0	17	4.0	39.0	7.0	1.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			381	40	391	2.41	1.93	376.4	631	1.84	38 40.4%	13.29 14.0%	60.89 64.0%	9.66 22.8%	2.55 6.0%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 05/14/2025																
PRE-K BIC # 1	Total	300														
Muffins, Banana-Buena Vista 22	1 ea	300	230	20	200	2.00	1.80	20.0	80	0.0	16	4.0	39.0	7.0	1.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	299	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			389	35	350	3.93	1.80	370.0	614	0.00	37 37.8%	13.00 13.4%	62.64 64.5%	9.50 22.0%	2.50 5.8%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/15/2025																
PRE-K BIC # 1	Total	300														
CEREAL,MULTI-GRAIN CHEER IOS'24	Bowl (28 Grams)	300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			264	15	255	4.00	12.78	460.0	850	127.20	26 39.4%	11.00 16.7%	45.00 68.2%	3.50 11.9%	1.50 5.1%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Fri - 05/16/2025																
PRE-K BIC # 1	Total	300														
Yogurt,Straww/crack-DW '24PSBK	SERVING	300	290	5	245	2.00	2.00	585.0	30	0.0	35	7.0	59.0	3.0	0.50	0.00
Orange juice, DW, 4oz.2024	1 EACH	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	299	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			465	20	409	2.00	2.00	945.0	630	30.00	63 54.2%	17.00 14.6%	87.00 74.8%	5.50 10.6%	2.00 3.9%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Weighted Average			388	32	373	3.19	3.93	502.4	648	31.82	42 97.9%	13.67 14.1%	65.72 67.7%	8.00 18.5%	2.32 5.4%	0.00 0.0%

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PRE-K BIC # 1

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	388		Weekly Target	350 - 500	100%												
Cholesterol (mg)	32																
Sodium 1 (mg)	373			540	69%												
Fiber (g)	3.19																
Iron (mg)	3.93																
Calcium (mg)	502.4																
Vitamin A (IU)	648																
Sugars (g)	42	43.51%															
Vitamin C (mg)	31.82																
Protein (g)	13.67	14.08%															
Carbohydrate (g)	65.72	67.70%															
Total Fat (g)	8.00	18.53%															
Saturated Fat (g)	2.32	5.37%															
Trans Fat ¹ (g)	0.00	0.00%															

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Rialto Unified School District

May 19, 2025 thru May 23, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/19/2025																
PRE-K BIC # 1	Total	300														
Croissant,Sausage & Cheese '25	1 Each	300	222	35	406	2.20	1.61	154.3	182	0.0	3	12.14	18.28	11.3	5.43	0.16
Craisins	1/4 Cup	1	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Craisins	1/4 Cup	299	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			436	50	558	3.81	1.73	507.0	696	0.06	39	21.19	57.37	14.13	6.95	0.16
% of Calories											35.4%	19.5%	52.7%	29.2%	14.4%	0.3%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 05/20/2025																
PRE-K BIC # 1	Total	300														
Muffins, Choc.-20th Cent '24	1 ea	300	230	60	370	3.00	1.00	21.4	0	0.0	17	5.0	34.0	8.0	2.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			381	75	521	3.41	1.13	377.8	546	1.84	38	14.29	55.89	10.66	3.55	0.00
% of Calories											40.4%	15.0%	58.7%	25.2%	8.4%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 05/21/2025																
PRE-K BIC # 1	Total	300														
CEREAL,MULTI-GRAIN CHEER IOS'24	Bowl (28 Grams)	300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	299	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			320	15	256	4.63	12.86	455.1	865	12.39	32	12.10	60.07	3.83	1.61	0.00
% of Calories											40.5%	15.1%	75.1%	10.8%	4.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

May 19, 2025 thru May 23, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/22/2025																
PRE-K BIC # 1	Total	300														
Waffles, Fun N Fruti '24	pkg	300	210	35	290	2.00	1.08	8.0	0	0.0	10	5.0	31.0	8.0	1.50	0.00
APPLES,Fresh sliced	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			364	50	440	4.00	1.26	368.0	550	123.60	30 33.0%	14.00 15.4%	53.00 58.2%	10.50 26.0%	3.00 7.4%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 05/23/2025																
PRE-K BIC # 1	Total	300														
Yogurt,Straww/crack-DW '24PSBK	SERVING	300	290	5	245	2.00	2.00	585.0	30	0.0	35	7.0	59.0	3.0	0.50	0.00
Juice, apple 4oz. DW-2024	1 EACH	1	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
Juice, apple 4oz. DW-2024	1 EACH	299	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			465	20	410	2.00	2.00	935.0	530	30.00	64 55.1%	16.00 13.8%	88.00 75.7%	5.50 10.6%	2.00 3.9%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			393	42	437	3.57	3.80	528.6	637	33.58	41 93.1%	15.52 15.8%	62.87 64.0%	8.92 20.4%	3.42 7.8%	0.03 0.1%
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Rialto Unified School District

May 19, 2025 thru May 23, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	393		350 - 500		100%												
Cholesterol (mg)	42																
Sodium 1 (mg)	437			540	81%												
Fiber (g)	3.57																
Iron (mg)	3.80																
Calcium (mg)	528.6																
Vitamin A (IU)	637																
Sugars (g)	41	41.38%															
Vitamin C (mg)	33.58																
Protein (g)	15.52	15.79%															
Carbohydrate (g)	62.87	63.97%															
Total Fat (g)	8.92	20.43%			<=30.00%												
Saturated Fat (g)	3.42	7.84%			<10.00%												
Trans Fat ¹ (g)	0.03	0.07%															

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Rialto Unified School District

May 26, 2025 thru May 30, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/26/2025																
PRE-K BIC # 1	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 05/27/2025																
PRE-K BIC # 1	Total	300														
Muffins, Choc.-20th Cent '24	1 ea	300	230	60	370	3.00	1.00	21.4	0	0.0	17	5.0	34.0	8.0	2.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	299	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			405	75	534	3.00	1.00	381.4	600	30.00	45 44.4%	15.00 14.8%	62.00 61.2%	10.50 23.3%	3.50 7.8%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 05/28/2025																
PRE-K BIC # 1	Total	300														
CEREAL,MULTI-GRAIN CHEER IOS'24	Bowl (28 Grams)	300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	299	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			269	15	255	3.93	12.60	450.0	834	3.60	27 39.8%	11.00 16.4%	46.64 69.5%	3.50 11.7%	1.50 5.0%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

May 26, 2025 thru May 30, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/29/2025																
PRE-K BIC # 1	Total	300														
Yogurt,Straww/crack-DW '24PSBK	SERVING	300	290	5	245	2.00	2.00	585.0	30	0.0	35	7.0	59.0	3.0	0.50	0.00
Craisins	1/4 Cup	1	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Craisins	1/4 Cup	299	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			503	20	397	3.61	2.12	937.7	544	0.06	71	16.05	98.09	5.83	2.03	0.00
% of Calories											56.4%	12.8%	78.0%	10.4%	3.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 05/30/2025																
PRE-K BIC # 1	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			392	37	395	3.51	5.24	589.7	659	11.22	48	14.02	68.91	6.61	2.34	0.00
											109.2%	14.3%	70.3%	15.2%	5.4%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	392		350 - 500	100%				
Cholesterol (mg)	37							
Sodium 1 (mg)	395		540	73%				
Fiber (g)	3.51							
Iron (mg)	5.24							
Calcium (mg)	589.7							
Vitamin A (IU)	659							
Sugars (g)	48	48.51%						
Vitamin C (mg)	11.22							
Protein (g)	14.02	14.29%						
Carbohydrate (g)	68.91	70.26%						
Total Fat (g)	6.61	15.16%	<=30.00%					
Saturated Fat (g)	2.34	5.37%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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